

FLAVORS OF PORTUGAL & SPAIN

PORTO to VEGA DE TERRÓN



Set sail in Porto, the beautiful “City of Bridges” and gateway to the Douro River Valley, a UNESCO World Heritage Site, with rambling vineyards and charming quintas, which cling to the steep sides of the river. Taste wines from these vineyards and discover the timeless traditions of Portuguese winemaking throughout your journey before visiting some of Spain’s glorious cities.



DATES: TUESDAYS
2022 – MAR 29 – NOV 1
2023 – MAR 28 – OCT 31

SHIP: AmaVida

DURATION: 8 DAYS/7 NIGHTS

EMBARK: PORTO, PORTUGAL
DISEMBARK: VEGA TERRÓN, SPAIN
Or Reverse itinerary

FROM: \$3,399 + Port Charges

COUNTRIES VISITED: PORTUGAL, SPAIN

RIVER: DOURO

ITINERARY

DAY 1 - EMBARKATION – PORTO, PORTUGAL

Embark your cruise in Porto. Gather on board tonight and meet your fellow passengers. (D)

We highly recommend arriving at least one day early to avoid complications associated with air travel, and to see more of Portugal. Pre-and Post-cruise programs are tailored to your interests.



DAY 2 - PORTO

Join a guided tour of Porto's historic quarter, a UNESCO World Heritage Site. You'll see the Cathedral, one of the city's oldest monuments; the main square, ringed with shops and cafes; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. You'll also



enjoy a tasting of port, Portugal's most renowned contribution to the world of wine. For the more active adventure, join a hike in Porto and explore the old harbor quarter, passing through the medieval streets of Porto. (B,L,D)

DAY 3 - ENTRE-OS-RIOS

Entre-os-Rios translates to "between the rivers," and this small village is, quite appropriately, located at the confluence of the Tâmega and Douro rivers. For an authentic slice of Douro River life, enjoy a traditional "home-cooked" meal at a local quinta. (B,L,D)



DAY 4 – RÉGUA, PORTUGAL

Begin your day with a tour of the 18th-century Palacio Anadia, or Palace of the Counts, known for its beautiful interior and Baroque style. Inside the house, you'll see intricate panels of blue and white tiles throughout the rooms and a striking vaulted ceiling that retell the history behind the palace. (B,L,D)



DAY 5 – RÉGUA - PINHÃO, PORTUGAL

Venture to the town of Lamego, where you'll see the "Sanctuary of Our Lady of Remedies" on a city tour or climb the 686-step "Holy Staircase," beautifully decorated with white and blue tiles, to the top on a guided hike. Whichever excursion you choose will conclude with a tasting of local specialties such as Bôlas de Lamego, bread filled with smoked ham; Presunto, a type of dry-cured ham; and Espumante, a Portuguese sparkling wine. Later in the day, cruise along the scenic Douro to Pinhão, where a wine tasting will be waiting for you in a local quinta. (B,L,D)

DAY 6 – PINHÃO, PORTUGAL

Embark on a leisurely walk to the charming Pinhão Railway Station, a stunning train station along the Douro Line, one of the most iconic rail journeys in Portugal. The station's main building is revered for its 25 tile panels, all in shades of blue, that depict scenes from the Douro region. Afterward, enjoy an exclusive lunch at Quinta da Avesada, where you'll enjoy an authentic and traditional dining experience complete with entertainment. The warm, spirited hospitality of this family-run quinta is quite special as you will discover. Several family members play in a band, and while dining, they will entertain you. Quinta de Avesada is also a fascinating interactive museum commemorating the history and culture of wine in the Alto Douro region, so you'll have fun discovering all the various stages of wine production as well as doing

plenty of tasting. Later in the day, indulge in some free time to explore the town on your own. (B,L,D)

DAY 7 - BARCA D'ALVA

Venture to Castelo Rodrigo, known as the "White Village" because of its almond trees. The site offers spectacular views of the surrounding area and as far away as Spain. Join a walking tour through its medieval streets and see the houses and establishments with 16th-century facades and Manueline style windows. Prefer a more active adventure there, you can hike to the town. At the end of both tours, enjoy a tasting of local favorites, such as almonds, cheese, bread and wine. (B,L,D)

DAY 8 - VEGA DE TERRÓN – DISEMBARKATION

Your cruise comes to an end as you prepare for your homeward flight. (B)



AmaVidaOVERVIEW

Timeless elegance spills from the decks of the AmaVida, a ship that debuted on Portugal and Spain's Douro River in 2013. Rust and gold color schemes bring together the Douro's breathtaking sunsets and a sepia hue that conjures time-worn snapshots of the world's oldest demarcated wine region. Most staterooms feature balconies from which to enjoy views of terraced vineyards, as well as Entertainment-On-Demand, climate-controlled air conditioning and an in-room safe. AmaVida's passionate chefs will treat you to exquisite, locally-sourced cuisine paired with unlimited local wine—and the region's signature Port—as well as beer and soft drinks with lunch and dinner in the Main Restaurant cada noche.



Sun-Deck Pool

Soak up some rays or take a dip in our refreshing pool with a swim-up bar.



Award-Winning Dining

Savor exquisite locally-sourced cuisine each day, passionately prepared with only the freshest ingredients by our expert chefs.



2022 DATES	Mar 29	Apr 05	Apr 12	Apr 19	Apr 26 Oct 25	May 3 – Aug 16 Oct 18	Aug 23 Oct 12	Aug 30-Oct 4	Nov 1
2023 DATES	Mar 28	Apr 04	Apr 11	Apr 18	Apr 25 Oct 24	May 2 – Aug 15 Oct 17	Aug 22 Oct 10	Aug 29-Oct 3	Oct 31
Base Fare – Cat E	\$3,399	\$3,499	\$3,599	\$3,699	\$3,899	\$4,099	\$4,199	\$4,299	\$3,799
Plus Port Charges - \$210 per person									
Category Upgrade	D		B			A		SUITE	
Supplement - ADD	\$299		\$1,699			\$1,999		\$3,699	

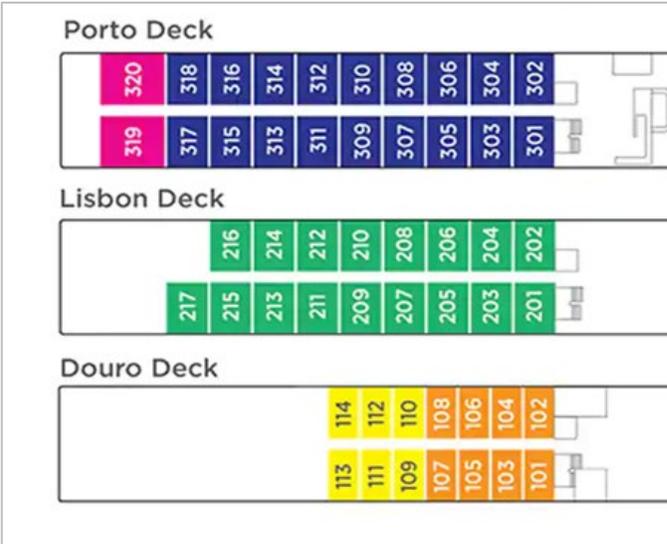
SAVE \$500: 2022 – 7/26
2023 – 7/18; 8/1, 15

SAVE \$250: 2022 – 4/5; 5/24
2023 – 4/4-18; 5/9, 23; 6/6, 20;
9/12, 26; 10/10-31



Reservations & Information
1-855-EXPLOR1 (397-5671)
 Email - info@explorcruises.com
www.explorcruises.com

AMA VIDA DECK PLAN



Category A Stateroom