

PANAMA TO MIAMI

Caribbean beauty, Mayan treasures and jazz in New Orleans



PONANT invites you on a brand-new 17-day cruise in Central America, from Fuerte Amador to Miami, between sumptuous islands in the Caribbean Sea, majestic Maya sites rising out of the tropical forests of the Yucatán Peninsula, and diverse cities full of lively rhythms. Aboard *Le Boréal*, discover this exceptional heritage, a vibrant testimony to the Pre-Columbian, Hispanic and Afro-Caribbean influences.



DATES: April 3-19, 2023

DURATION: 17 DAYS/16 NIGHTS

EMBARK: PANAMA

DISEMBARK: MIAMI

SHIPS: LE BOREAL

FROM: \$7,130

(All inclusive - all beverages, port charges, gratuities are included)

Highlights

- Transit Panama Canal
- Opportunity to visit Mayan ruins Quiriguá
- Opportunity to visit Mayan ruins Chichen Itza and Uxmal
- Mississippi River and New Orleans

ITINERARY

DAY 1 - APRIL 3, 2023 - FUERTE AMADOR, PANAMA

An artificial peninsula situated at the Pacific entrance to the Panama Canal, Fuerte Amador is the gateway to several noteworthy sites. Right near there, the impressive Miraflores Locks are a shining example of the engineering feats deployed during the construction of the Panama Canal. Further north, in villages nestling amid dense vegetation, lives the Embera tribe, guardian of the forest and of the Chagres River. This proud people have successfully preserved their traditions and their ancestral way of life, which predate the colonization of the region by the Spanish.

DAY 2 - APRIL 4, 2023 - CROSSING THE PANAMA CANAL

Aboard your ship, experience something unique, that has inspired the imagination of numerous adventurers in the 20th century: sailing the Panama Canal. Its construction started in 1880 under the direction of Ferdinand de Lesseps. Abandoned then resumed, this marvel of engineering was completed by the United States in 1887 and opened in 1914. The canal crosses the Isthmus of Panama and links the Atlantic to the Pacific. Including three levels of locks and by raising ships to the level of Lake Gatun, almost as if the water was a lift, it allows them to avoid having to round Cape Horn.



DAY 3 - APRIL 5, 2023 - PUERTO LIMÓN

We're pretty sure the little coastal town of Puerto Limón will completely win your heart. It is located on the Caribbean sea. Just beyond the harbour, Playa Bonita creek opens its arms to a haven of beauty rimmed by clear blue waters and shaded by giant peach-palms. If you wish to explore the lush green areas in the town, it's worth taking a stroll through the lemon groves that give Puerto Limón its name. You'll have all the

time in the world to mosey around the streets scattered with multicoloured wooden makeshift stalls. These makeshift bars with their raffia roofs offer fresh juices blended just for you.



DAYS 4-5 APRIL 6-7, 2023 - AT SEA

DAY 6 - APRIL 8, 2023 - WATER CAYE, ISLA UTILA

The Bay Islands archipelago is home to stunning cays, sheltered coral islets with warm, crystal-clear turquoise waters. Off the island of Utila, the white-sand beaches lined with palms and coconut trees and the reefs of the deserted islet called Water Caye offer a picture-postcard setting that will delight fans of swimming and snorkelling.

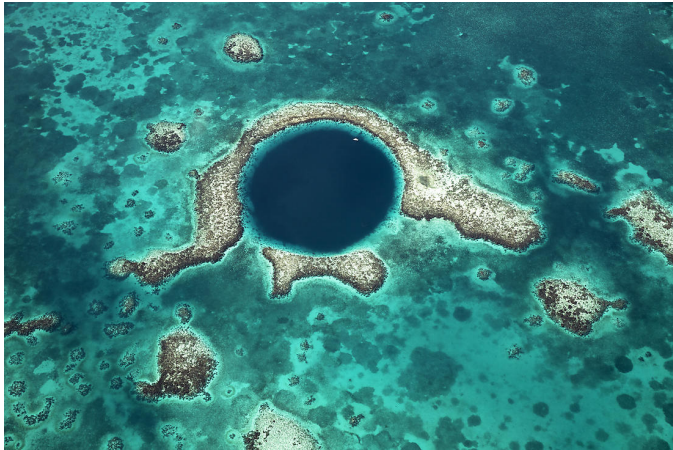
DAY 7 - APRIL 9, 2023 - SANTO TOMÁS DE CASTILLA

A port city located in the north-east of Guatemala, on the coast of the Amatique Bay, Santo Tomás de Castilla offers exceptional access to the fabulous Mayan archaeological site of Quiriguá. Listed as a UNESCO World Heritage Site since 1981, this place takes you back in time, deep into a décor of ruins and vestiges from the 8th century.



DAY 8 - APRIL 10, 2023 - BELIZE CITY

Belize City is the former capital and the country's largest town. Located on the Caribbean Sea, this lively little town symbolises the fusion of British, Spanish and Maya cultures. The departure point for flights over the Great Blue Hole and the barrier reef, it's also the ideal gateway for discovering the treasures of Maya architecture: in the heart of the jungle, the grandiose and mysterious ruins of temples and palaces at the Lamanai and Xunantunich sites await you. Another unmissable experience: a trip to the mouth of the Belize River: with a little luck and care, you'll get a glimpse of manatees, dolphins, crocodiles, iguanas and many aquatic bird species.



DAY 9 - APRIL 11, 2023 – DAY AT SEA

DAY 10 - APRIL 12, 2023 - PROGRESO

On the Yucatan Peninsula, the charming seaside town of Progreso will delight visitors seeking authenticity. In addition to its magnificent sandy beaches and pleasant seafront promenade, the town offers ideal access to the former Mayan cities of Chichen Itza and Uxmal. UNESCO World Heritage sites, they allow visitors to be truly immersed in Pre-Columbian Mexico, discovering one of the world's most mysterious civilisations. In the surroundings, be sure to visit Mérida, capital of the Mexican state of Yucatán. Called "the White City" due to the colour of the limestone used to build its dwellings, this old colonial city, built on the ruins of a Mayan site, offers a mix of tradition and modernity, colonial architecture and Mayan heritage.



DAY 11 - APRIL 13, 2023 - AT SEA

DAY 12 - APRIL 14, 2023 - SAILING ON THE MISSISSIPPI RIVER

The Mississippi River, a dividing line as physical as it is symbolic between the East and the West, originates in northern Minnesota before flowing, 3,734 kilometres (2,320 miles) further south, into the Gulf of Mexico. Like a real natural artery crossing the United States, its captivating aura makes as much of an impression as its length. There are exceptional flora and fauna to be found along the riverside, with no less than 260 species of fish, around fifty mammals and over 150 species of amphibians and reptiles. During this cruise, you will perhaps be lucky enough to spot the mythical Mississippi alligator, the captivating yellow turtle or even the sweet river otter.

DAYS 13-14 - APRIL 15-16, 2023 NEW ORLEANS

Located along the Mississippi, festive and multicultural New Orleans is a very captivating city. Founded in 1718 and the capital of Louisiana until 1880, it was ceded to the Spanish Empire then recovered by the French before being sold to the United States in 1803 by Napoleon Bonaparte. From the French Quarter to the colonial houses sporting elaborate wrought-iron balconies and the Bohemian atmosphere of the Faubourg Marigny, the Native American, African, Creole, Cajun and European cultures have shaped this city's identity. The birthplace of Louis Armstrong and Sidney Bechet, it became the cradle of jazz and blues. Cajun music and the nearby bayous are also part of the landscape.



DAYS 15-16 - APRIL 17-18, 2023 - AT SEA

DAY 17 - APRIL 19, 2023 - MIAMI - DISEMBARK

Disembark at 8:00 AM

The ultimate symbol of Florida if ever there was one, to this day Miami remains a must-see city. The home of what is considered to be the world's busiest cruise ship port, this multicultural city where the sun rules supreme has a lot more to offer than just long beaches and glamour. Miami is also worth visiting for its Art Deco district in South Beach, home to pastel-coloured buildings and to hotels with eccentric shapes.

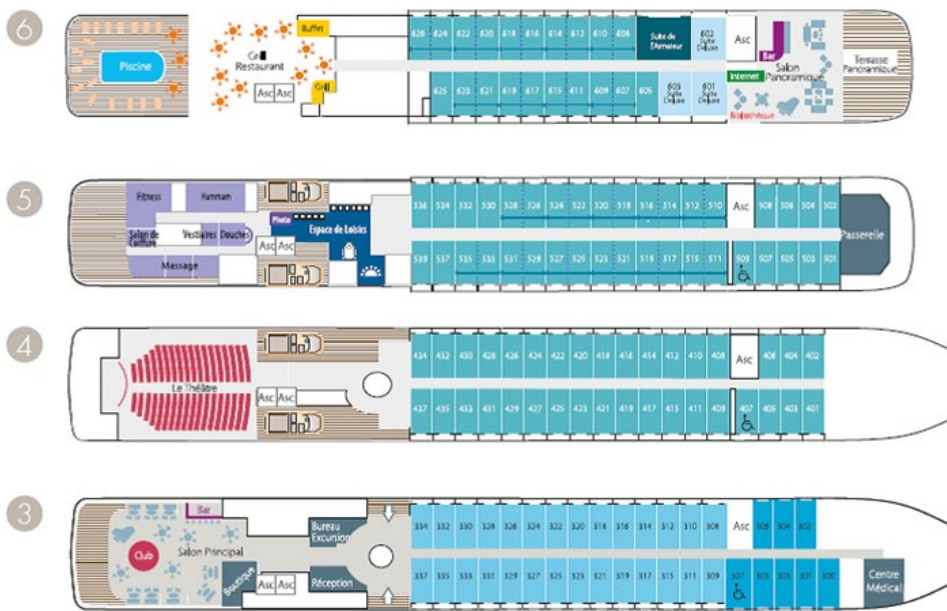


LE BOREAL

GUESTS: 268

RATES – 2023 (Rates subject to change without notice – Book early for best rates.)

SUITE –	After 30% Savings
Superior – Deck 3	\$7,130
Deluxe – Deck 3	\$7,650
Prestige – Deck 4	\$8,030
Prestige – Deck 5	\$8,240
Presitige – Deck 6	\$8,540
Deluxe Suite – Deck 6	\$11,300
Prestige Suite – Dk 5	\$12,110
Prestige Suite – Dk 6	\$12,480
OWNER SUITE – DK 6	\$18,140



All inclusive – Gratuities to crew; all beverages – open bar; Port Charges; Room Service.



Reservations & Information
1-855-EXPLOR1 (397-5671)

Email - info@explorcruises.com

www.explorcruises.com